



FATIGUE MANAGEMENT POLICY

At SIXENSE, Management systems are in place to ensure that the Company complies, as far as is reasonably practicable, with the requirements of the Railways and Other Guided Transport Systems (Safety) Regulations, Network Rail Company Standards NR/L2/OHS/003 Fatigue Risk Management and NR/GN/INI/001 (current issue) - Guidance on the Management of Door to Door Work & Travel Time and LUL standard S1548 Safety Critical Work

These management systems outline the control and monitoring of safety critical staff in order that they do not carry out safety critical work in circumstances where they are so fatigued or would be liable to become so fatigued that their health or safety or the health or safety of other persons on the transport system could be affected.

Exceedances to this policy must only be considered in extreme circumstances and authorisation obtained prior to the exceedance.

Maximum Number of Period of Duty/Shifts: -

- Work in excess of 12 hours per turn of duty
- Work in excess of 72 hours per calendar week
- Work more than 13 turns of duty in any 14-day period
- Take less than 12 hour's rest between booking off and on concurrent turns of duty.

The following limits on working hours for staff working on London Underground are:

- Maximum length of turn of duty is 12 hours.

As determined by LU or LU's suppliers the consecutive days that may be worked before a rest period shall be either:

- 6 consecutive days followed by a rest period of not less than 24 hours.
- 12 consecutive days, followed by 2 consecutive rest days, each of which is not less than 24 hours.
- Within any 14-day period, 2 rest periods, each of which is not less than 24 hours.

An exceedance trigger shall be declared by Sixense when any of these conditions are or might be reached:

- a person exceeds 60 hours of working in a rolling seven-day period. **This shall be classed as a level 1 exceedance;**
- a person exceeds 72 hours of working in a rolling seven-day period. **This shall be classed as a level 2 exceedance;**
- a person receives less than 12 hours break between booking off from their shift / period of duty and booking on for their next shift / period of duty.
- a person works more than 12 hours in one shift or period of duty.
- a person works more than 13 consecutive turns of duty in 14 rolling days.
- a person works when they are expected to exceed a Fatigue Risk Index (FRI) fatigue score of 35 during daytime or 45 during night-time hours;
- a person works when they are expected to exceed an FRI risk score of 1.6 (regardless of daytime or night-time working);

a person exceeds 14 hours door to door.

Deviation from the above limits will require notification to a senior Manager to enable any exceedance to be risk assessed and a Safe System of Work agreed to allow completion of the work and a fatigue management plan produced.



Travelling Time

All Sixense employees and Contractors who hold a Sentinel card competency or are required to undertake Safety Critical Work on behalf of Sixense will be required to adhere to the following requirement with regard to travelling to and from sites and lodging away:

- Travelling each way to and from site should ideally be included in the maximum 12 hours turn of duty. However, where this is not possible, the travelling time must not lead an overall turn of duty time in excess of 14 hours.
- Where travelling will lead to an exceedance of the above 14 hour turn of duty limit.
LODGING WILL BE REQUIRED IN ALL CIRCUMSTANCES.

Management will ensure that such systems are maintained to control and monitor fatigue and working hours are maintained and reviewed to ensure compliance with both current legislation and stated policy outlined above.

Richard Piggin
General Manager